



MASTER THESIS
BY MARIA LANGGAARD MØRN

DESIGN PROCESS



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PROBLEM STATEMENT

How can a visual communication project help to address the stigma in our society, regarding people with mental illnesses and raise awareness, understanding and acceptance?

PURPOSE STATEMENT

I want to develop a project that moves our common understanding of mental illnesses as a society. This could be an informative project that creates education, and knowledge about having a mental illness or being the closest caregiver, so we can get one step closer to eliminate the stigma around having a mental disorder.

TARGET AUDIENCE

Both in the interview I made with Katja Damborg Laut and the survey I found that the most examples of stigma appear on the basis of lack of knowledge and if one has a relation to a person with a mental illness, that understanding and acceptance also is created through empathy and knowledge.

my primary target audience will be the broader society who are not in direct relation to the area with mental illness.

01 / CONCEPT

The idea is a campaign based on creating a common sense of responsibility, it is about all of us in society, it must be difficult for people to say "it is not about me", and then to distance themselves from doing something actively. The campaign must be advisory and contribute to a sense of responsibility that can help people think that we can all do something active to help. We can all help talk about it.

Keywords: Brave, Community, Responsibility

02 / CONCEPT

A campaign based on a more positive angle on having a mental illness. So there will be less focus on many people feeling really bad, but more focus on "try to see how well you can have it", and convey some good stories. The campaign must help to demystify the area, it does not have to be a shame you can have a good life, and everyone is dealing with something.

Keywords: Colorful and brave, Typographic, Youthful

03 / CONCEPT

A campaign focused on sharing facts in the field of mental illness. The campaign must be noisy and completely transpar-

ent with information and dissemination. It must be enlightening and instructive, make our society aware that some people are not feeling well and that something needs to be done about it.

Keywords: Noise, Propaganda ish,

THE DESIGN CONCEPT ENDED UP BEING A MERGE BETWEEN CONCEPT 01 AND 02.

A campaign based on creating a common sense of responsibility. The campaign must be broad, inclusive and reach people who may not think they are directly affected by it. It must be advisory and contribute to a shared sense of responsibility. The campaign must have a positive angle on having a mental illness, and must help to demystify the area.

Keywords: Brave, Responsibility, Youthful, Community

Tid til forandring
Det Bagved
Vi kan godt
Stigmamess
Vis mig dit ansigt
Vi er her
Løft Livet

Sindsro
Opråb
Skab Holdning
Er du OK?
Se Hør
Outstigma
Skab Tryghed
Se Os

Vi gør op
God Tone
Lad os blive okay
Se Hør
Market
Stop Stigma
Bryd Stigma

Altitude Skift
Mit Sind
Vores Sind
Dit Sind
Os Alle

Mental Head
Stolthed
Stormopger

Bryd Tabuet
Belys Byrden
Vi er sammen

"SAMMEN BRYDER VI MED STIGMATISERINGEN I VORES SAMFUND"

"SAMMEN BRYDER VI MED TABU OG STIGMA I VORES SAMFUND"

"LAD OS SAMMEN BRYDE TABU OG STIGMA OM PSYKISK SYGDOM I VORES SAMFUND"

"VI KAN SAMMEN STOPPE STIGMA AF PSYKISK SYGDOM I VORES SAMFUND"

"SAMMEN BRYDER VI MED TABU OG STIGMA"

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"SAMMEN BRYDER VI
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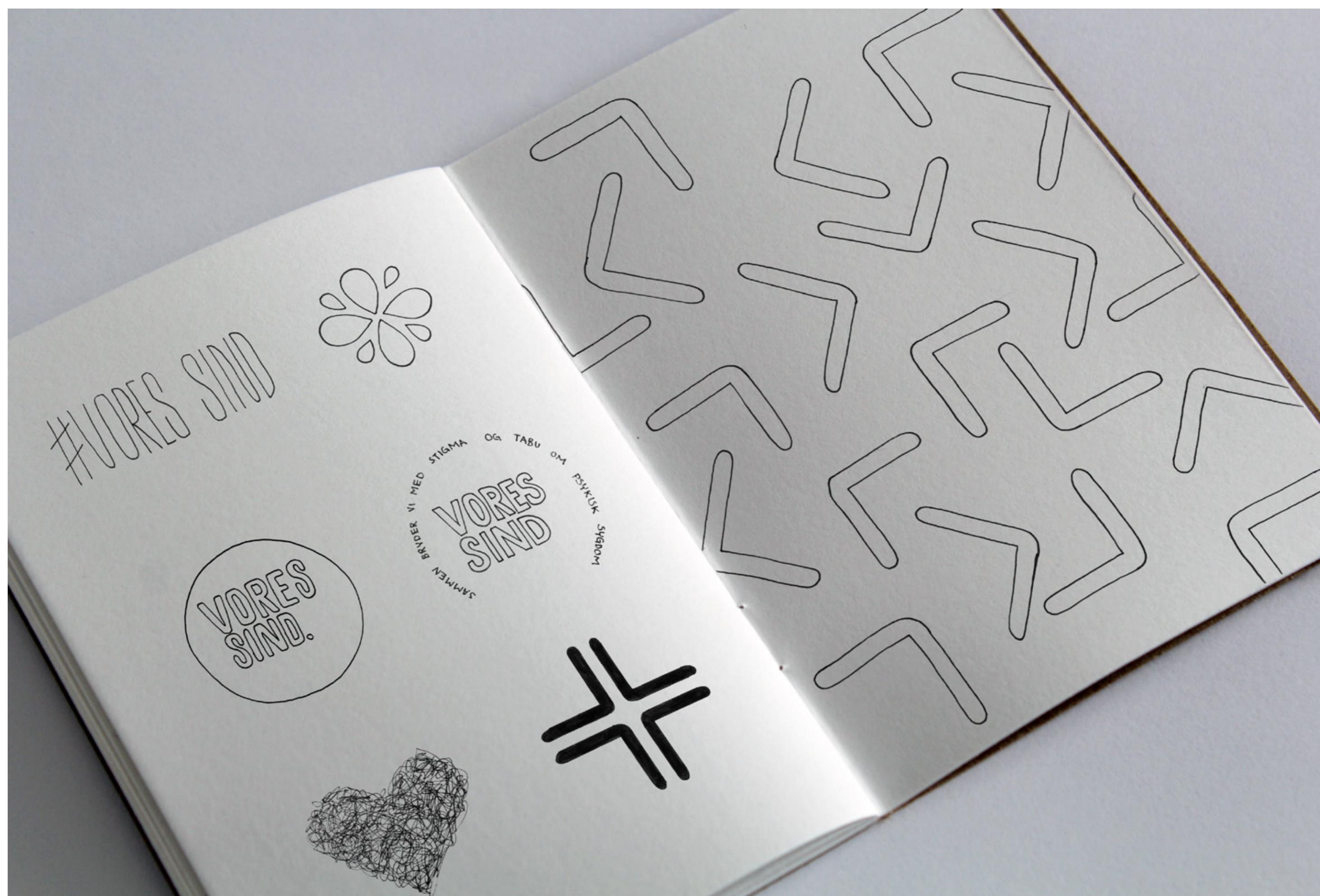
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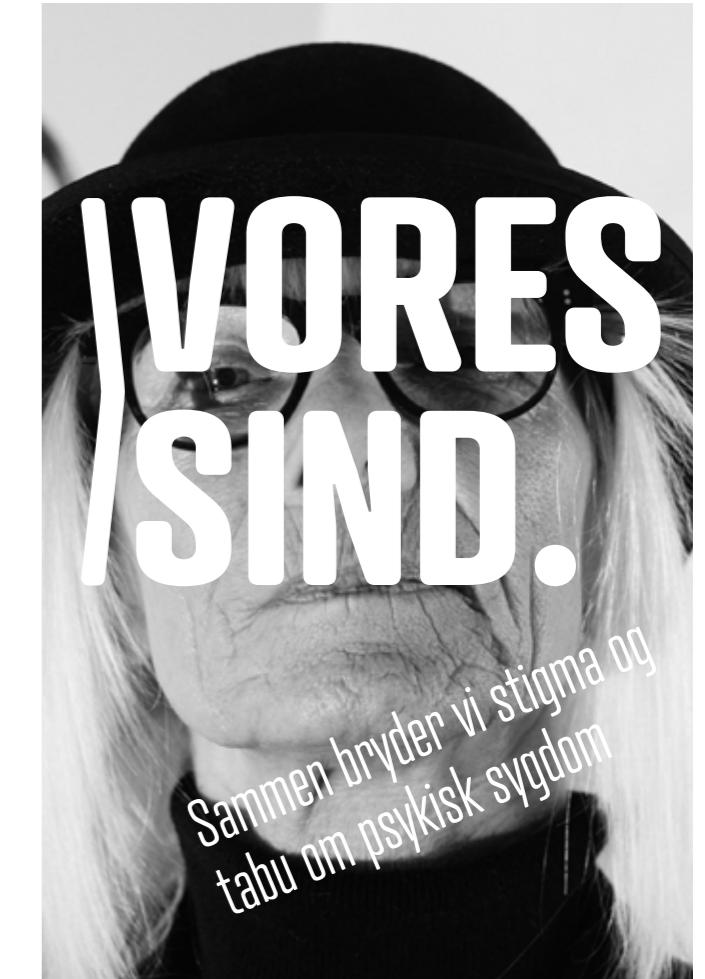
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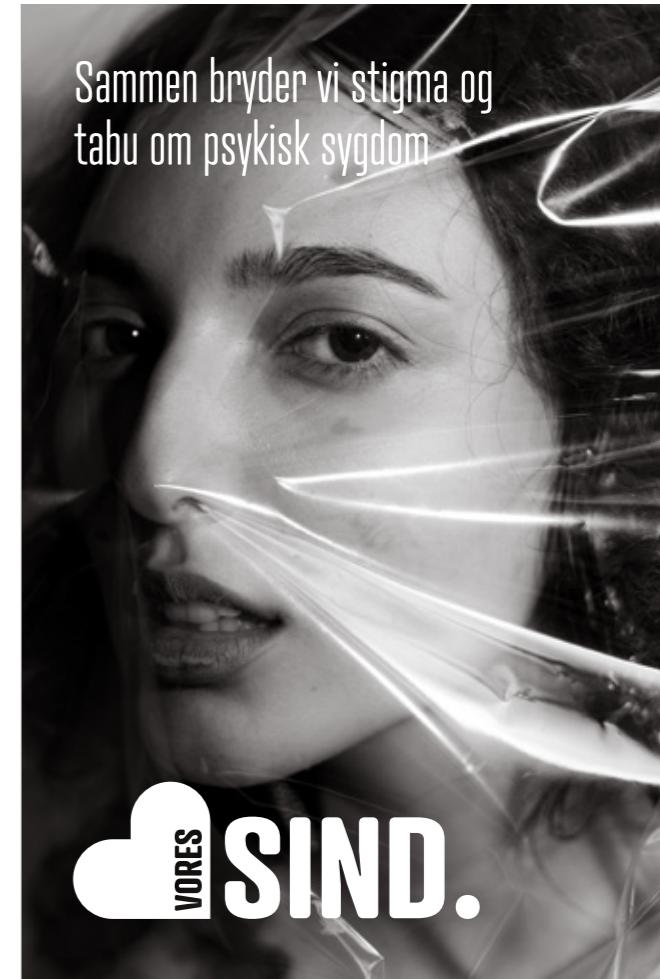
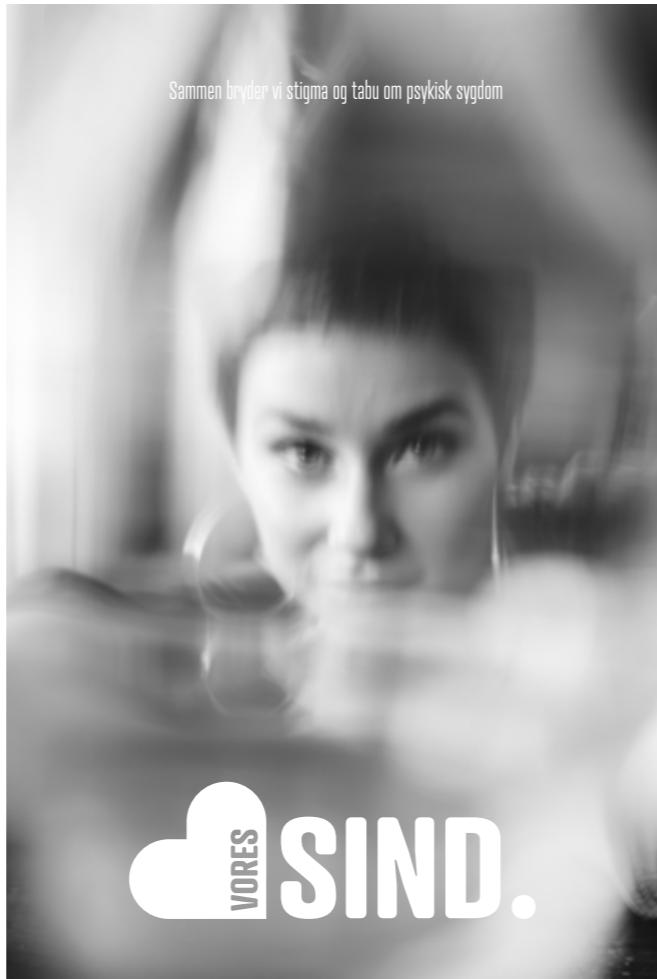
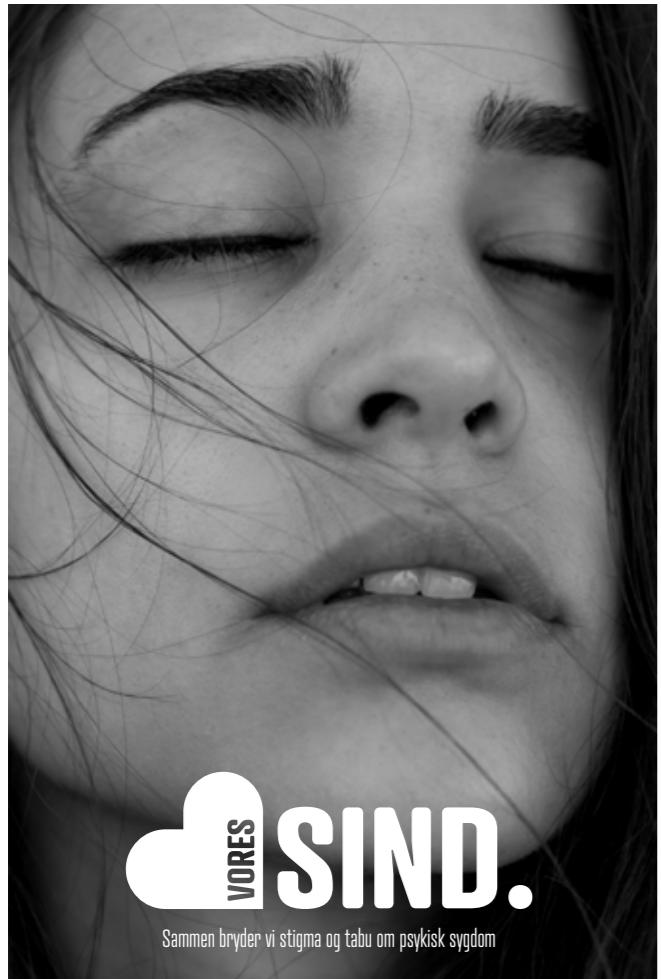
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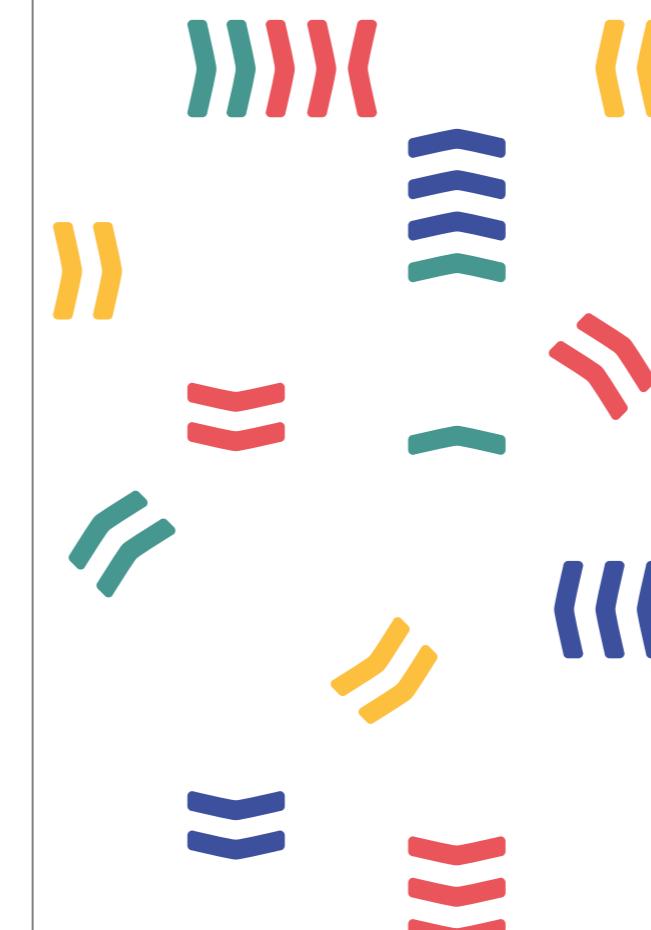
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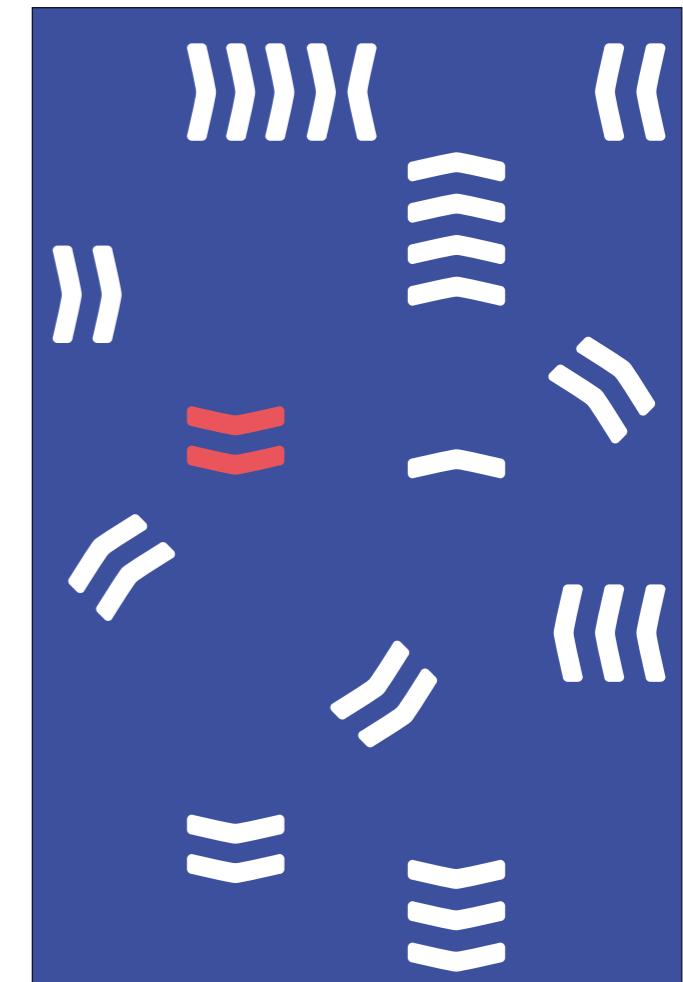
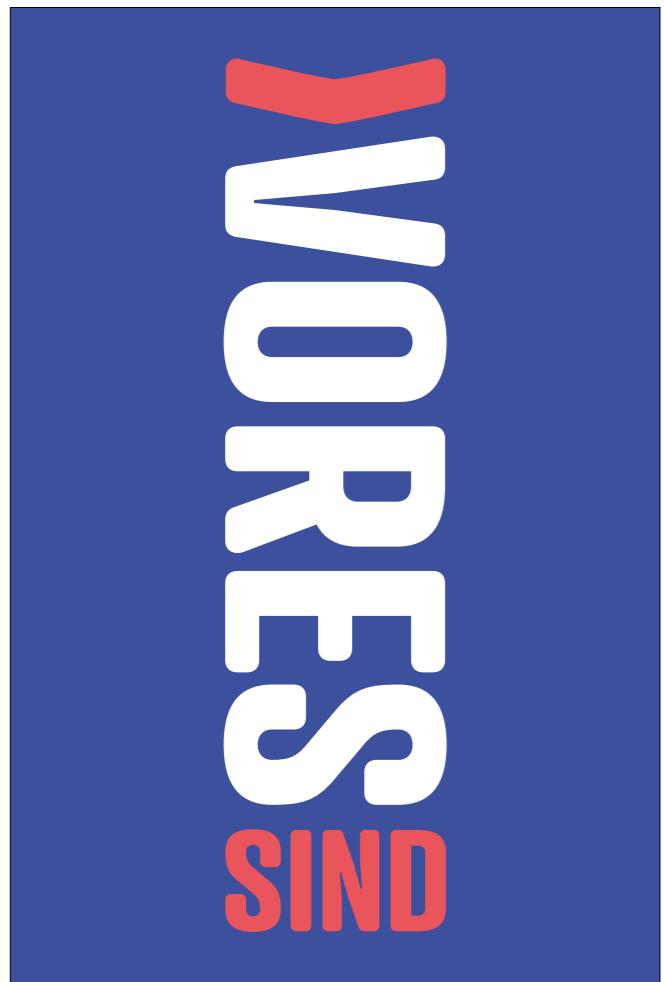
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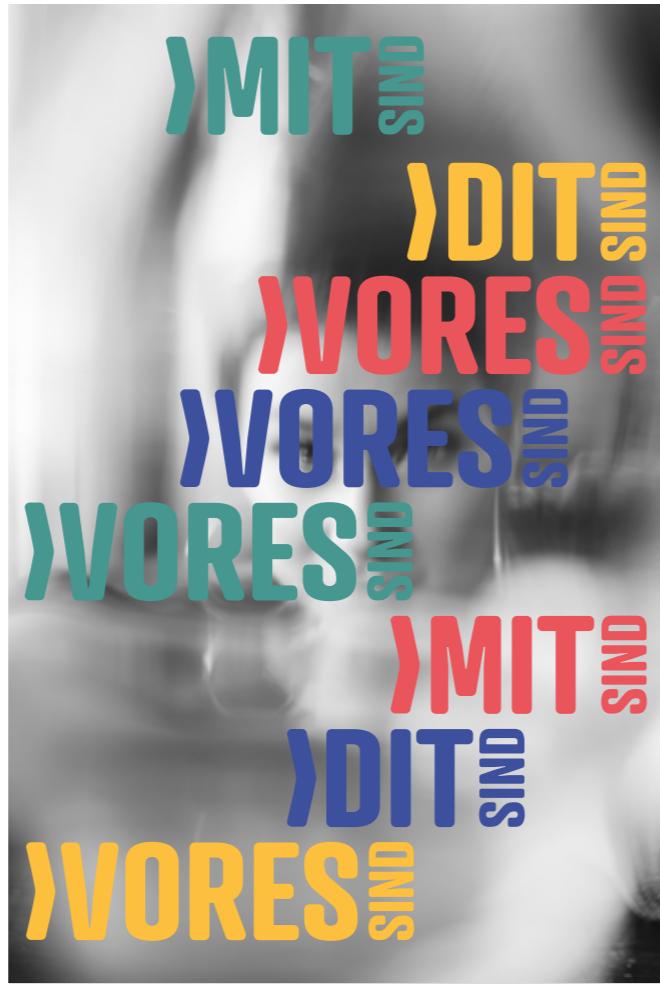
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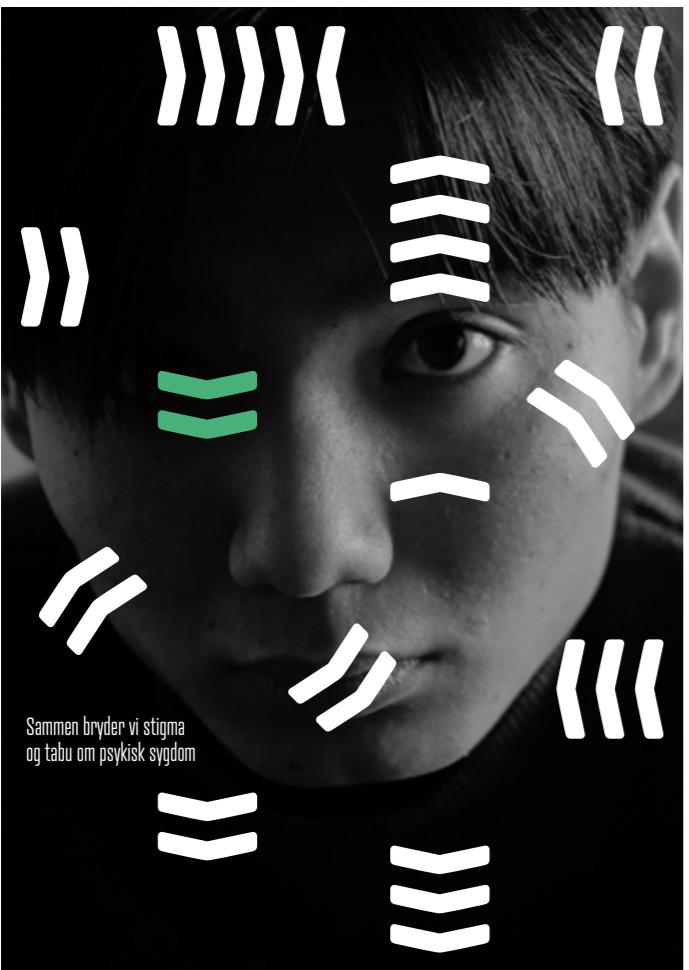
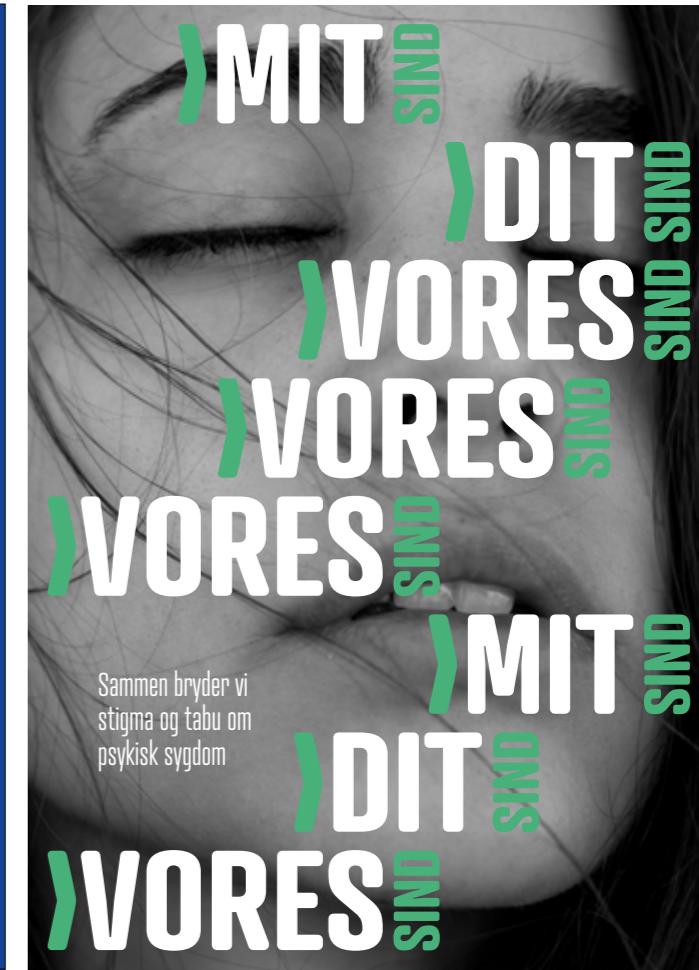
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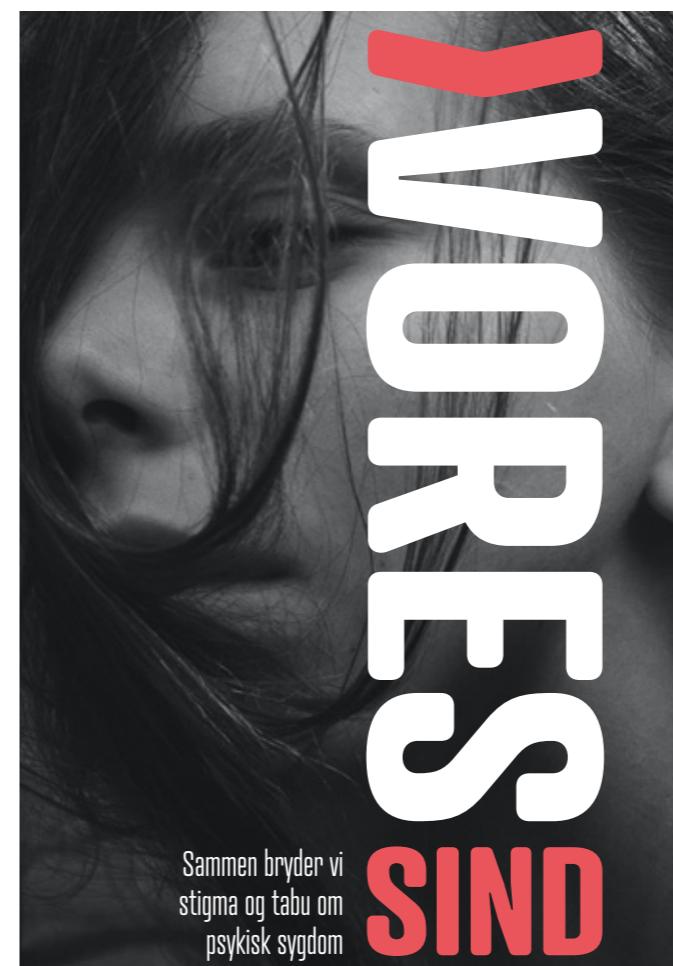
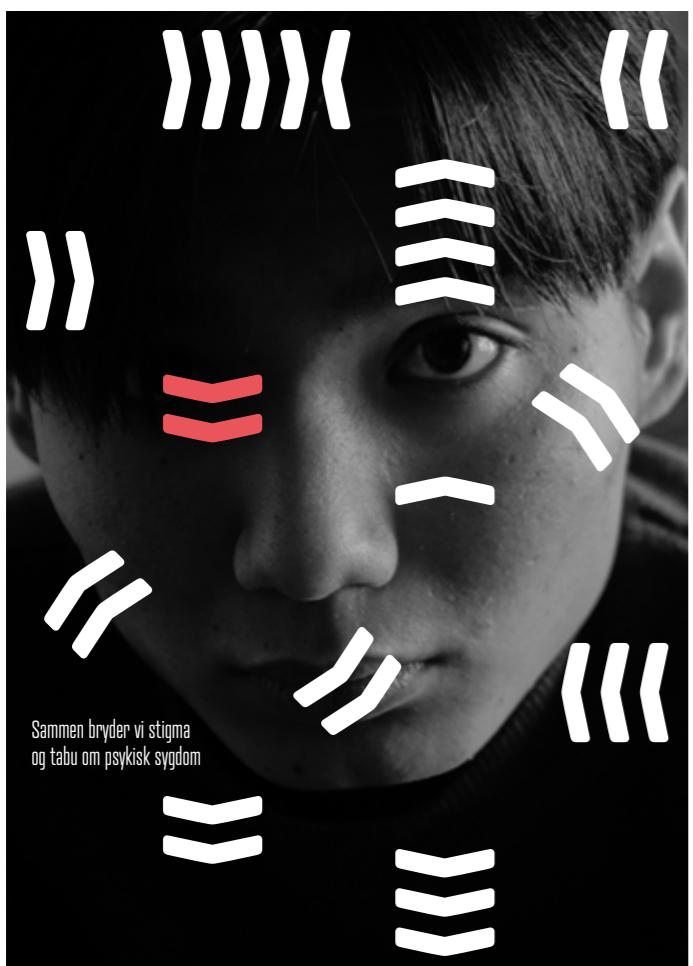
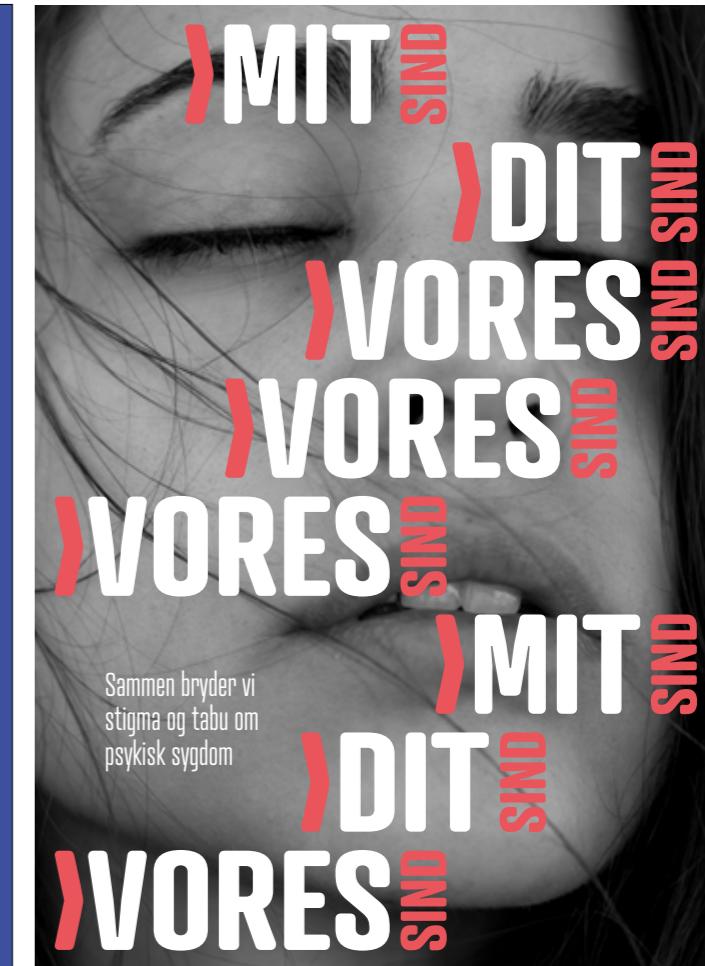
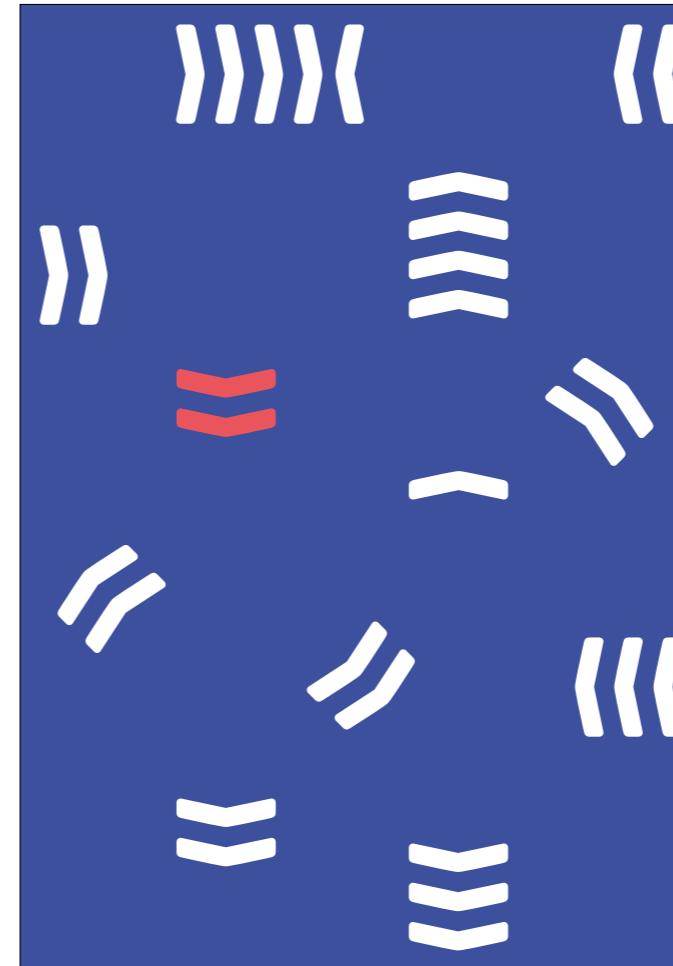


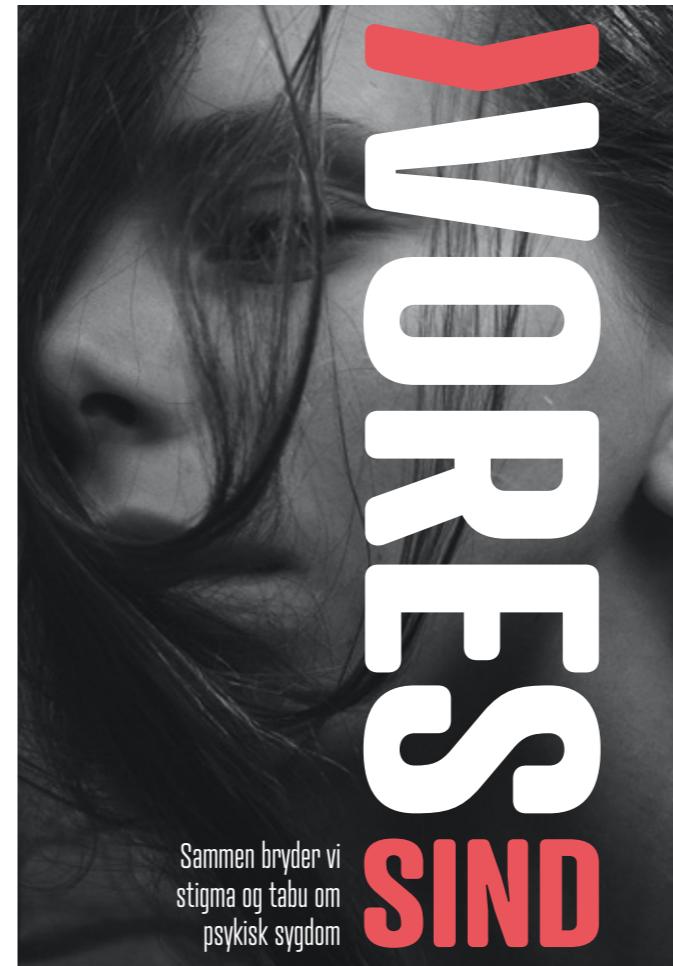
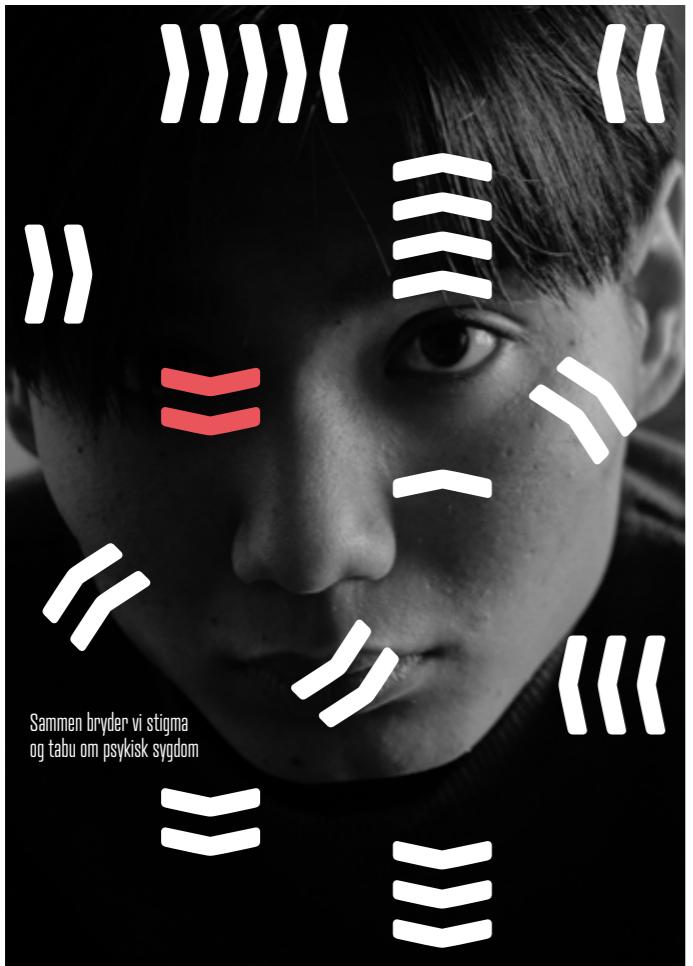
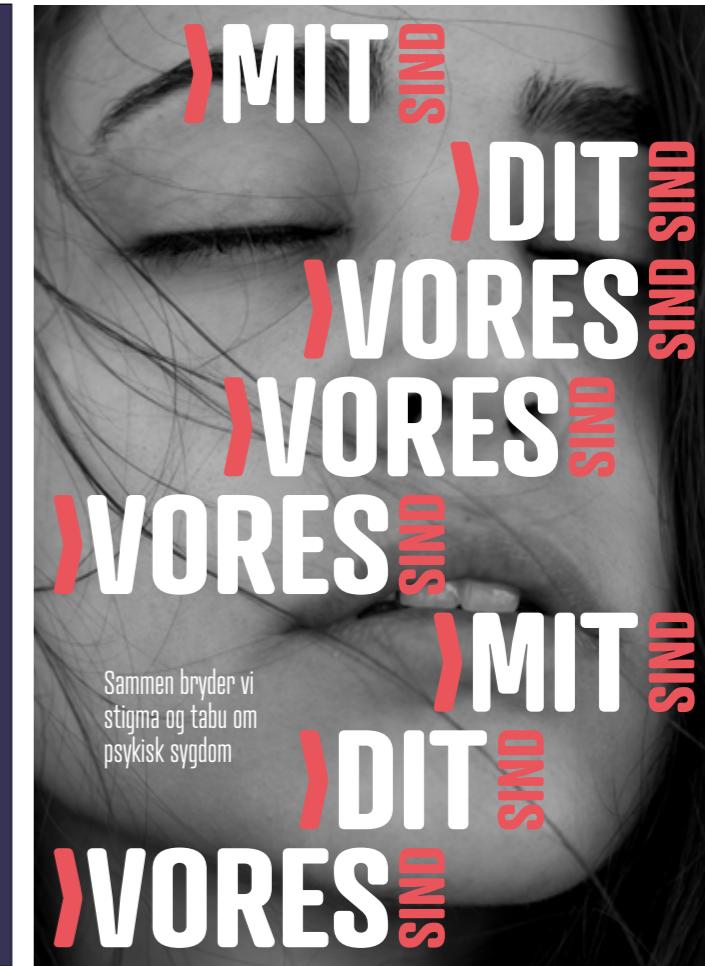
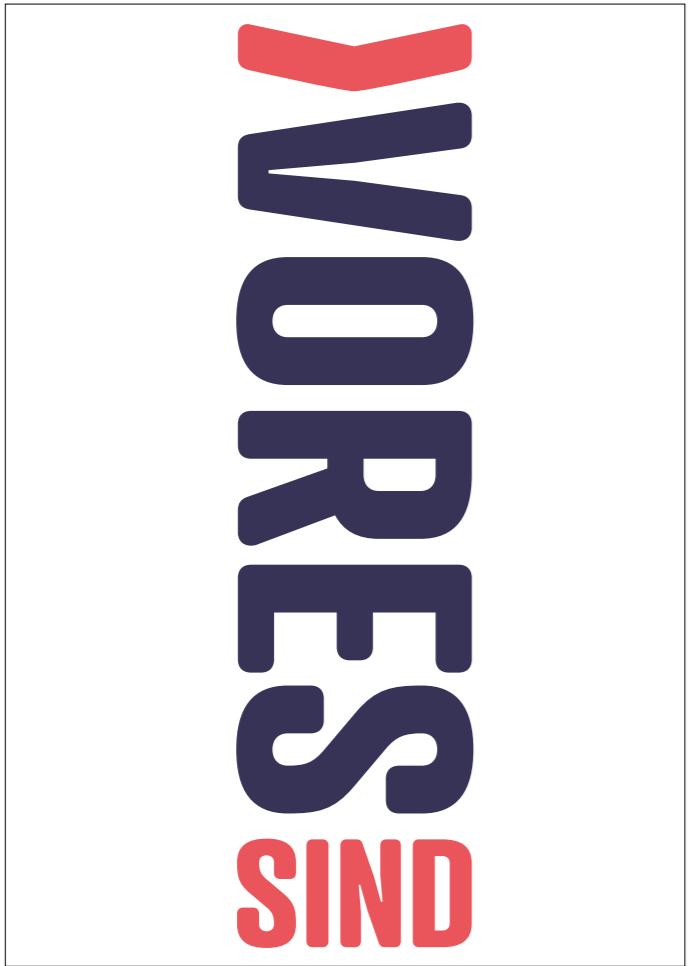


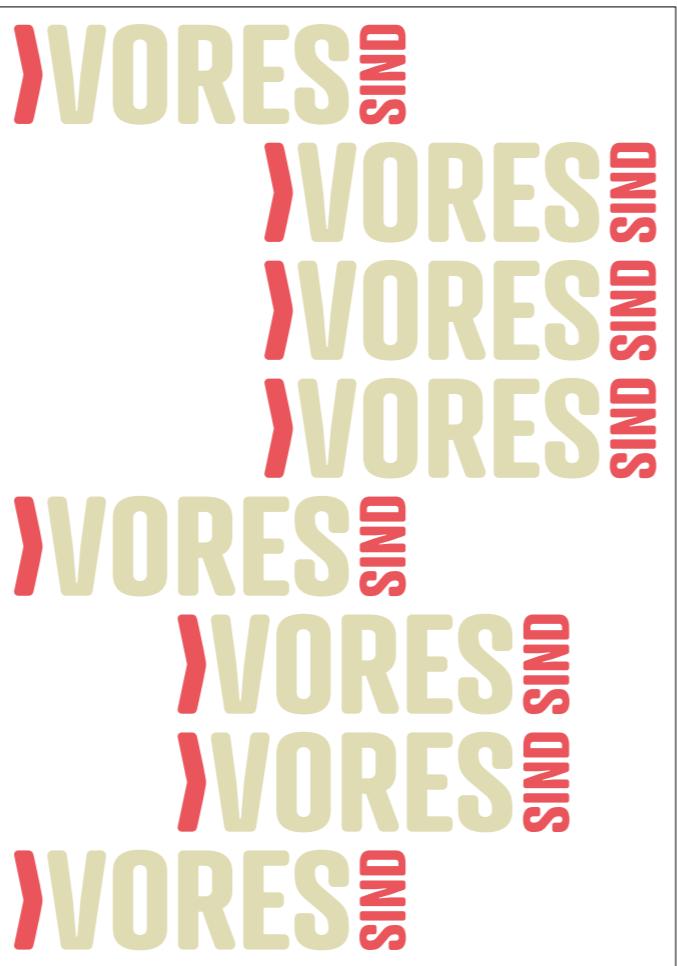
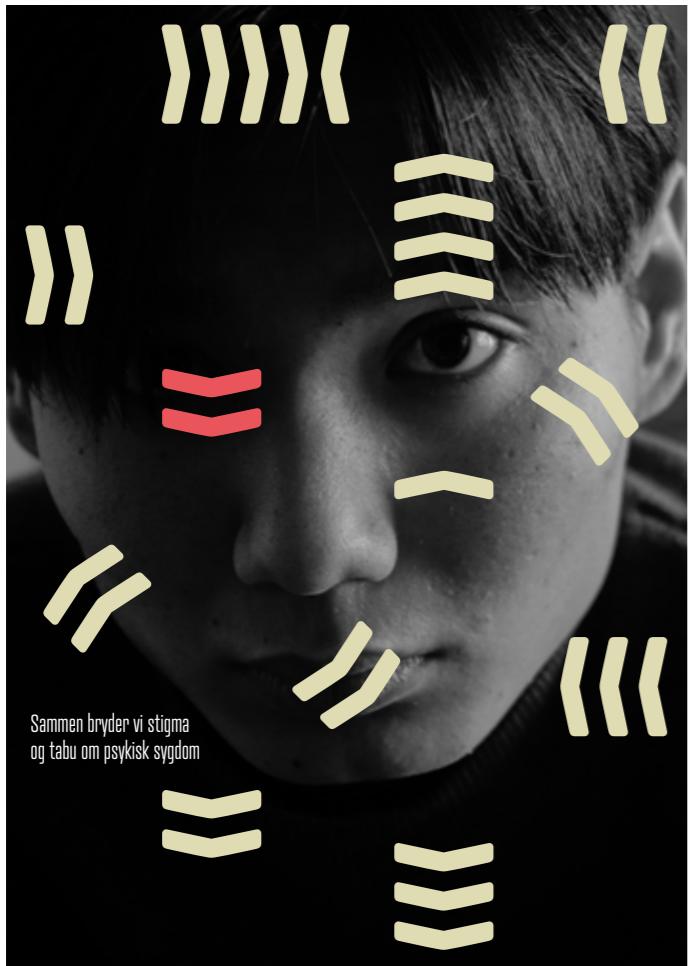
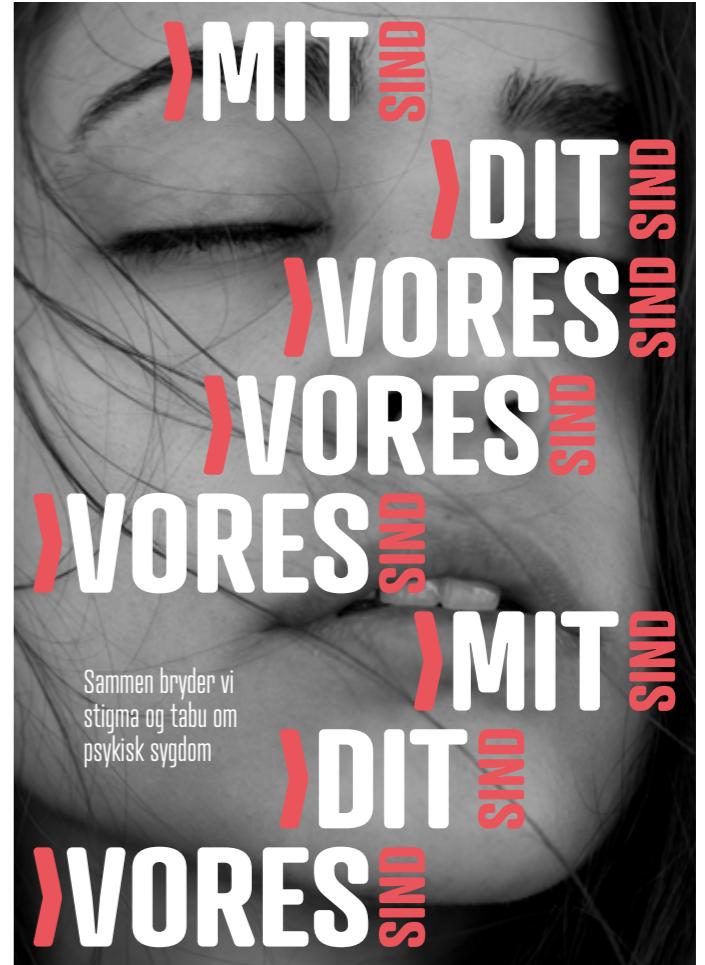
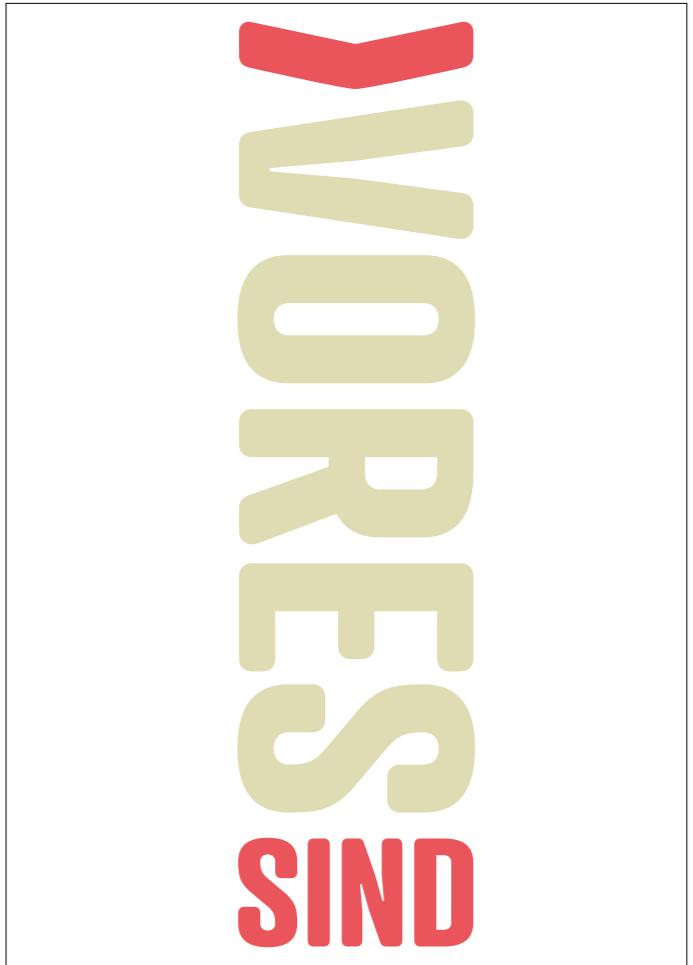


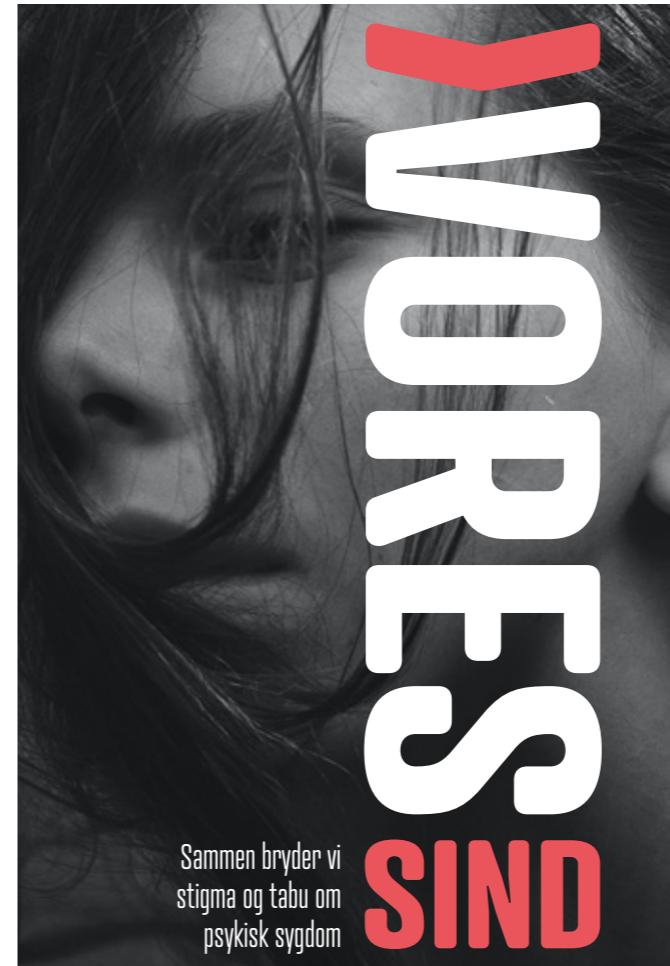
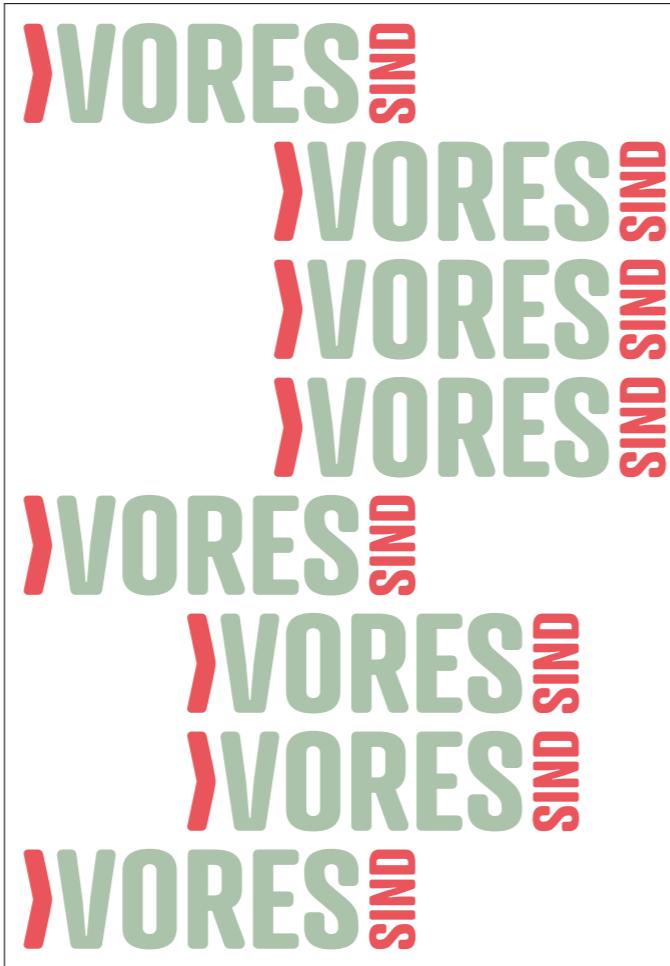
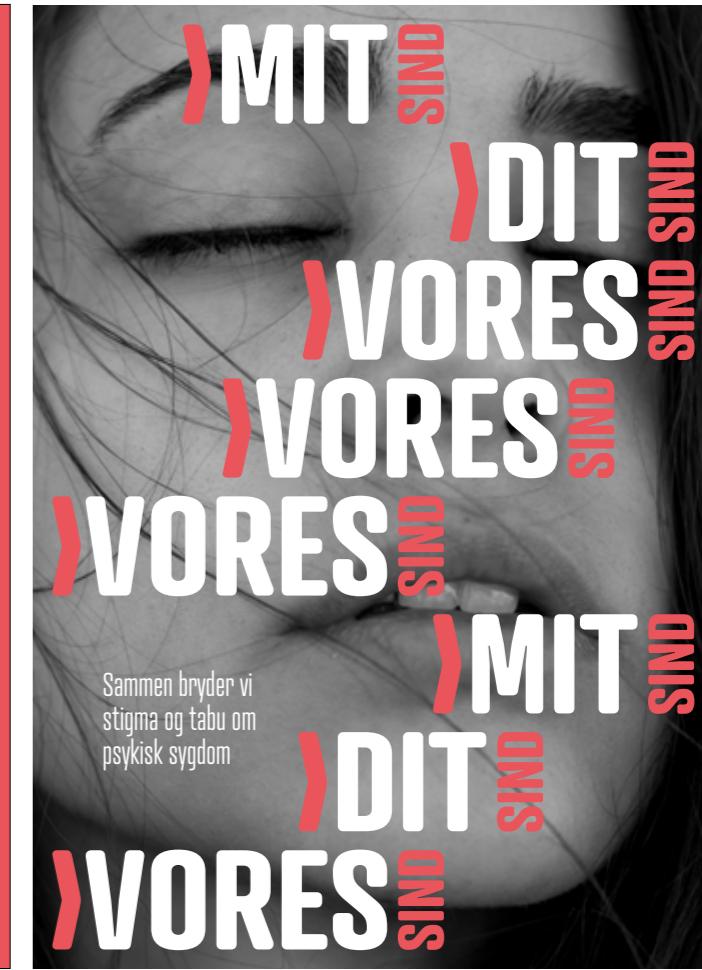
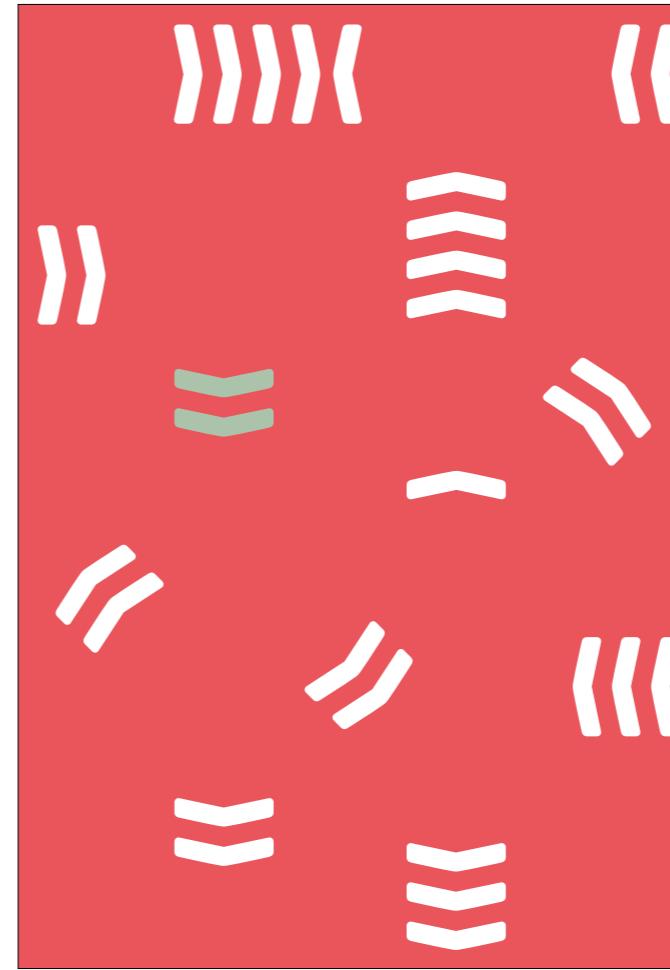
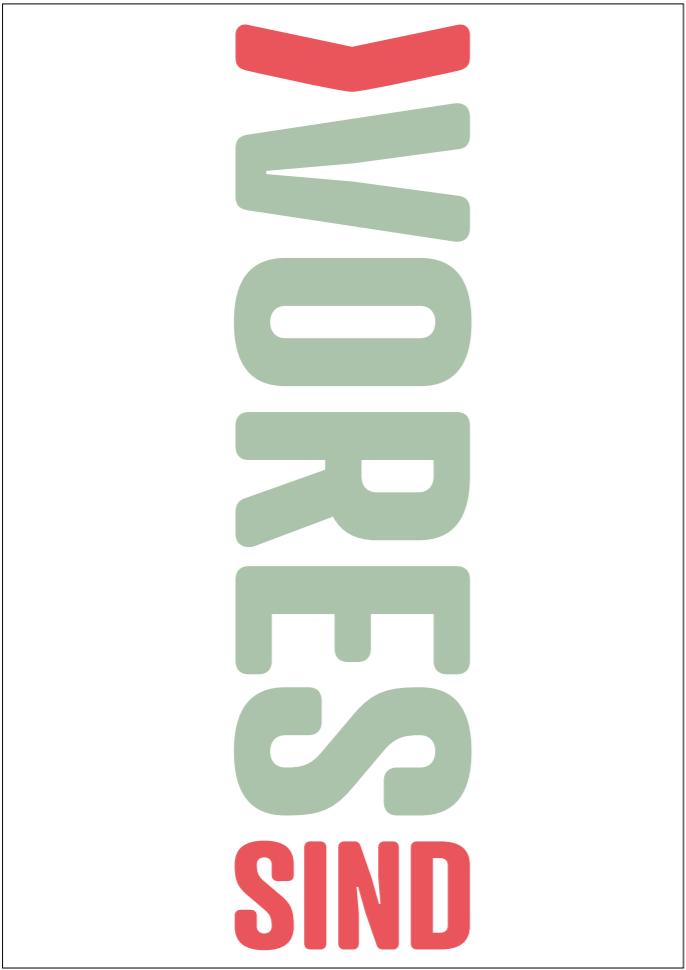


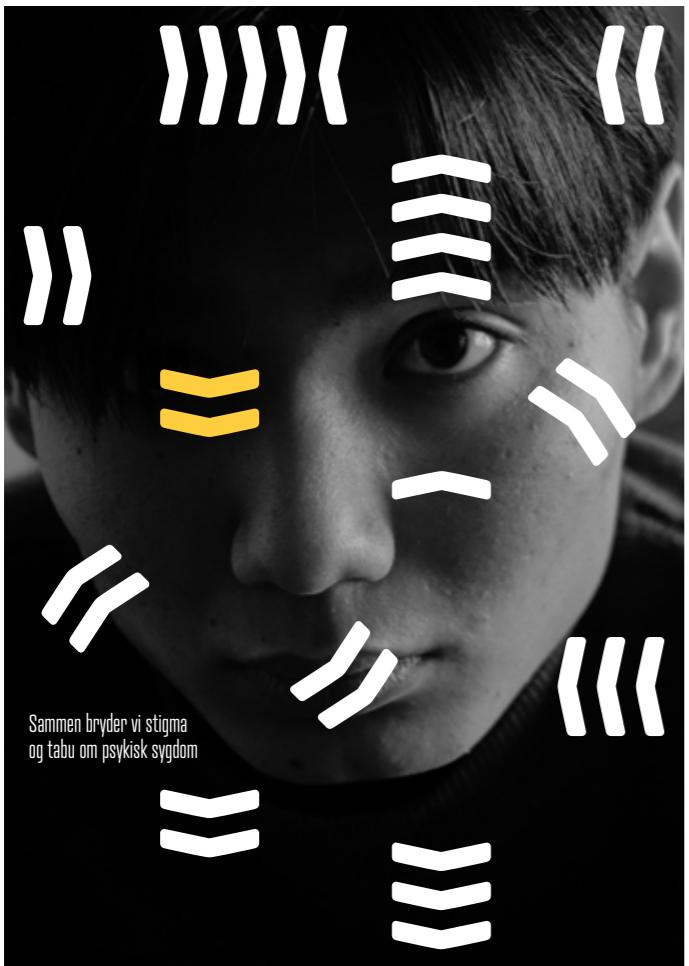
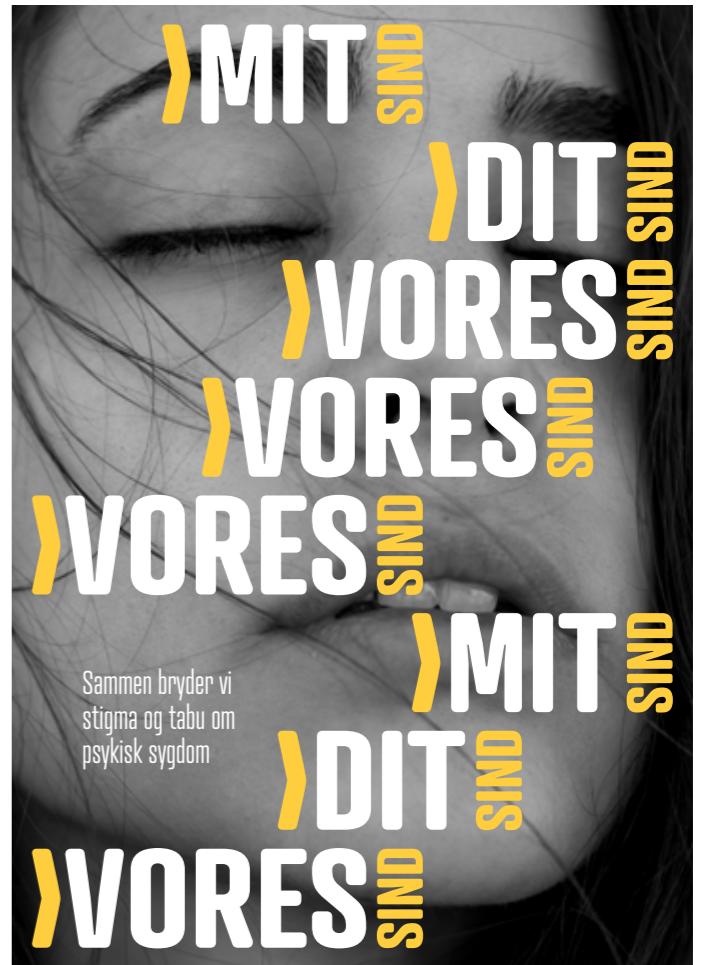
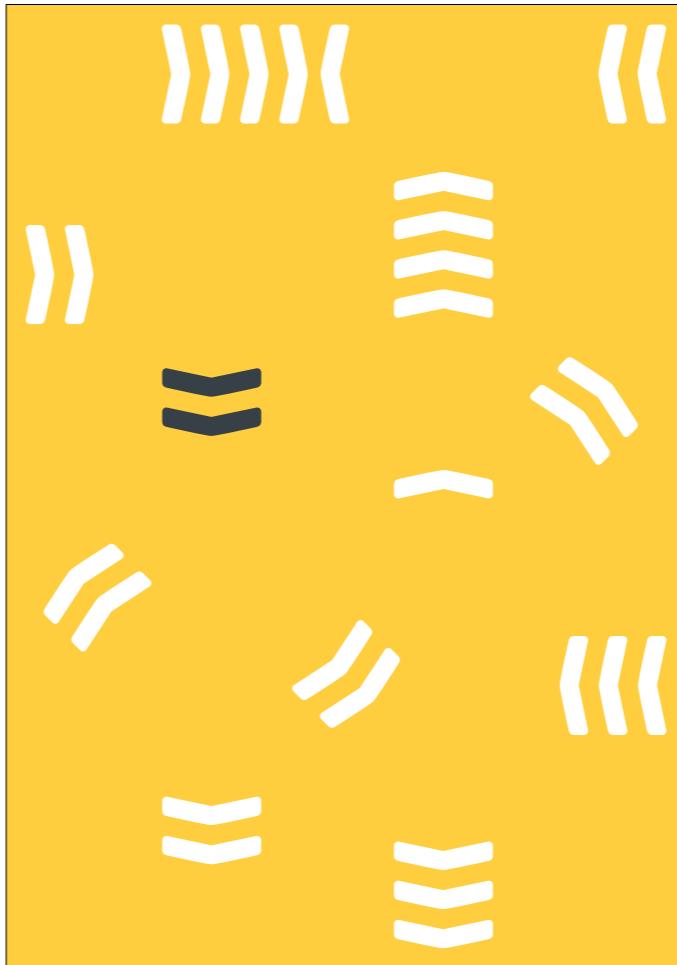


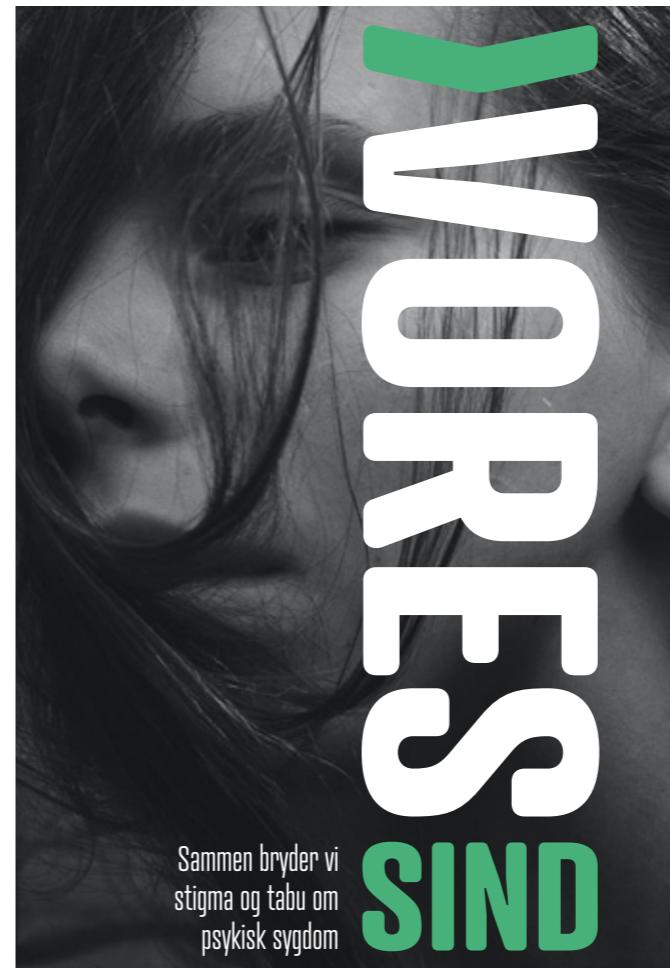


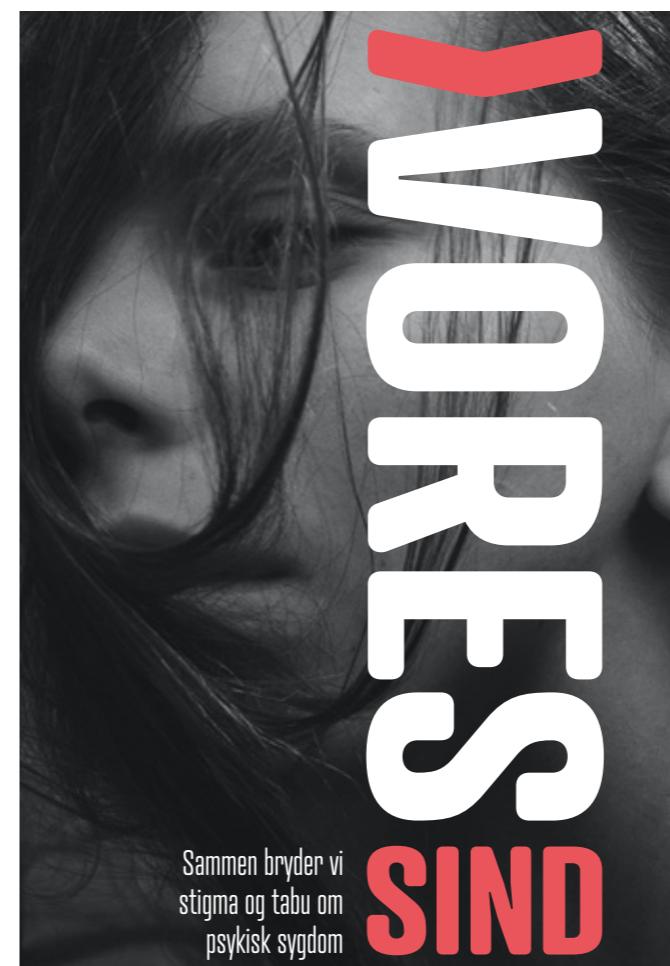
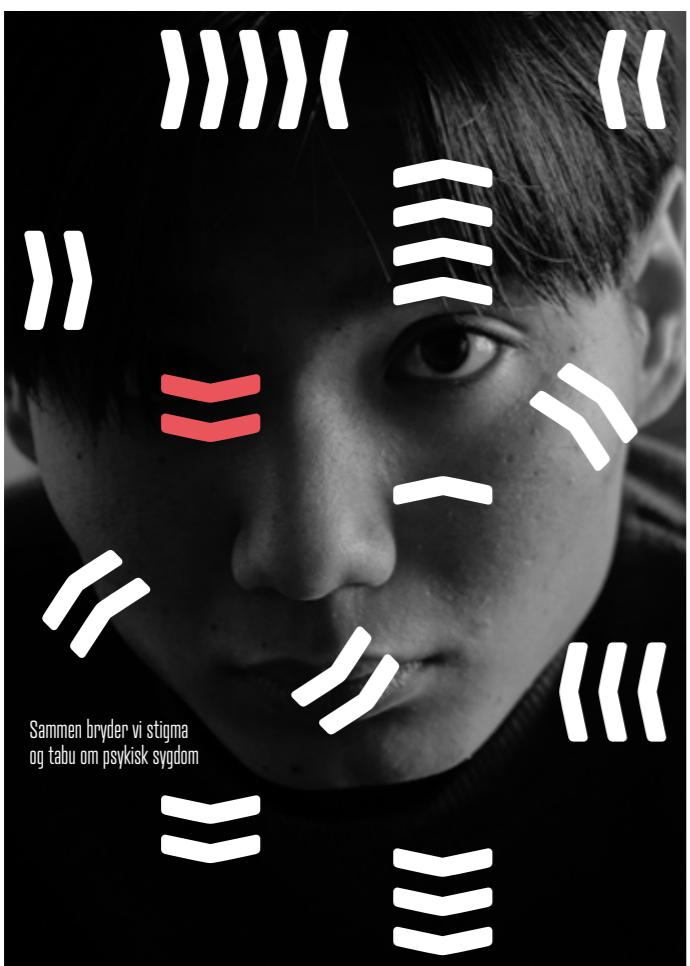












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TYPOGRAFI

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o p q r s t u v w x y z æ ø å

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Designet af Tomáš Brousil
Fra Suitcase Type Foundry.

PRIMÆRE FARVER



CMYK: 0, 78, 54, 0
RGB: 234, 85, 92
HEX: #cd565c
Pantone:



CMYK: 75, 60, 49, 51
RGB: 55, 63, 71
HEX: #3c4148
Pantone

9,5x2,4 cm



7,1x1,8 cm

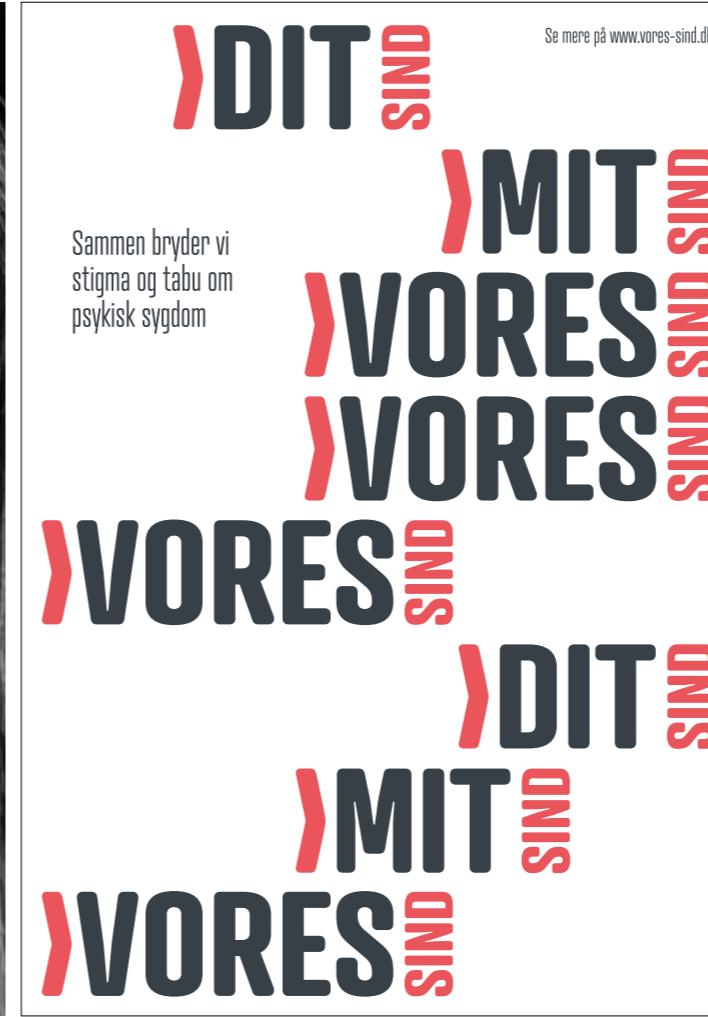
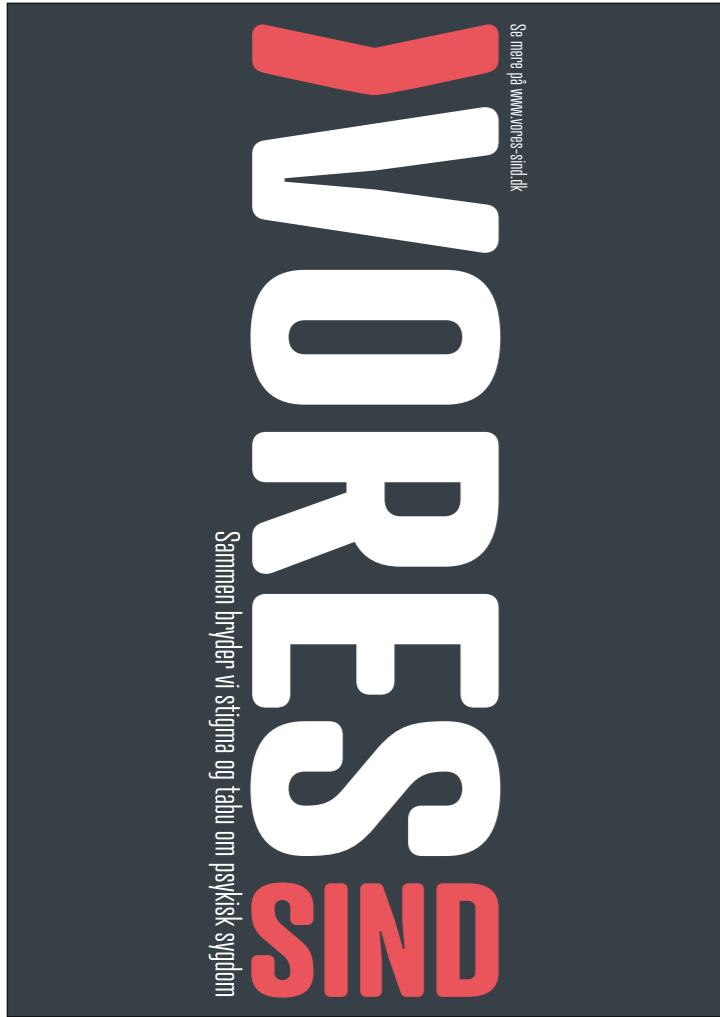


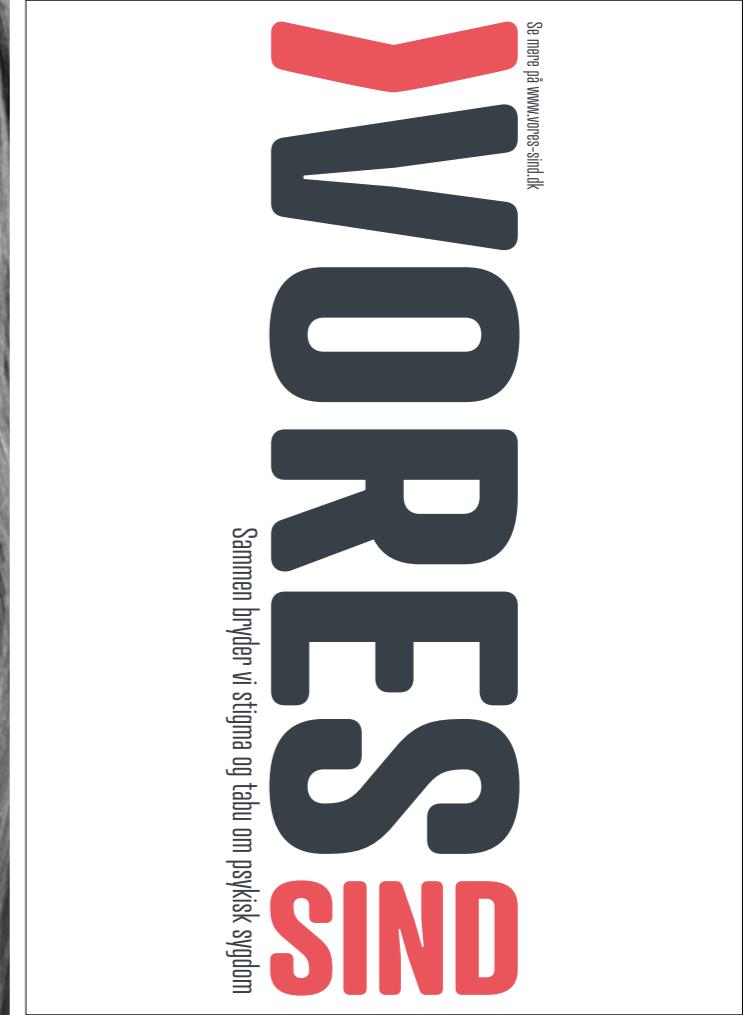
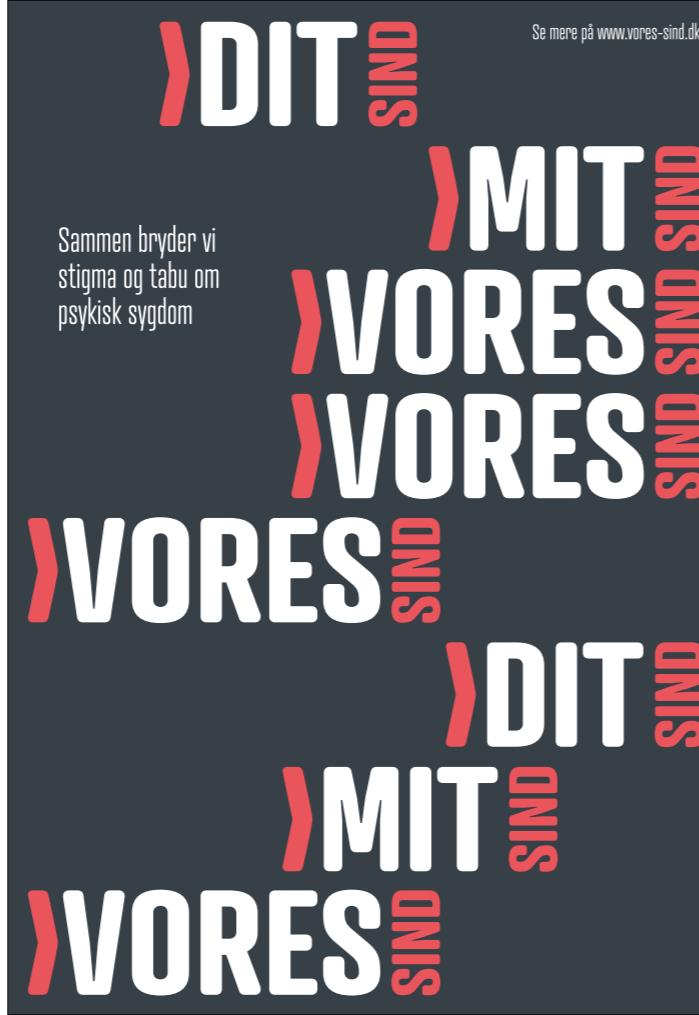
4,7x1,2 cm



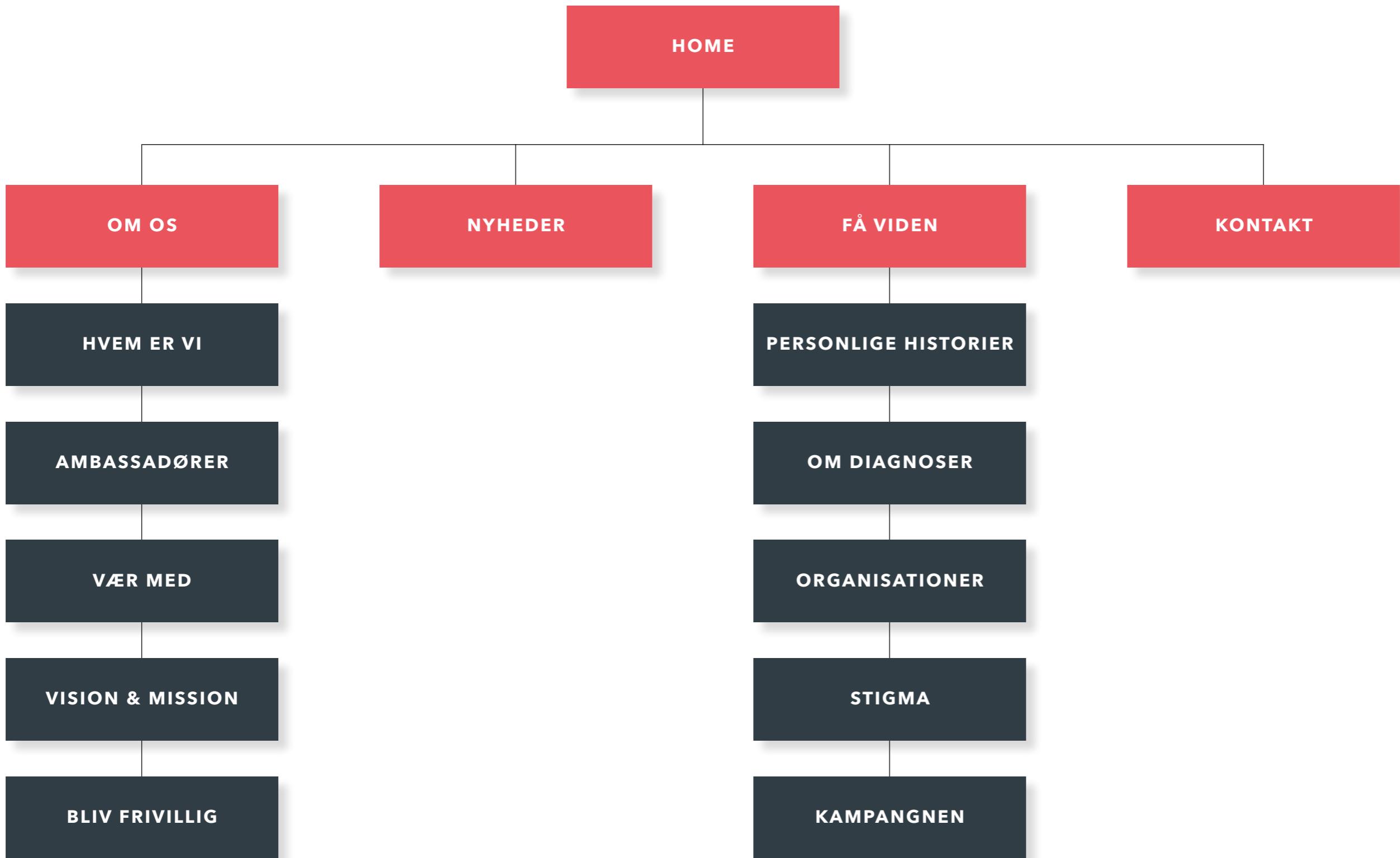
3,5x0,9 cm

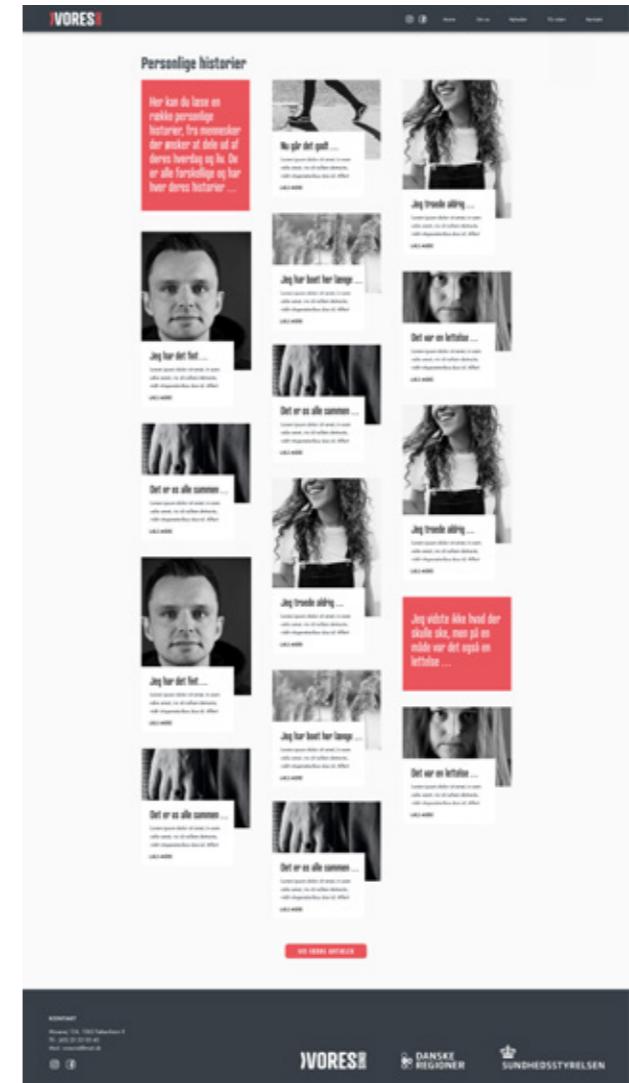
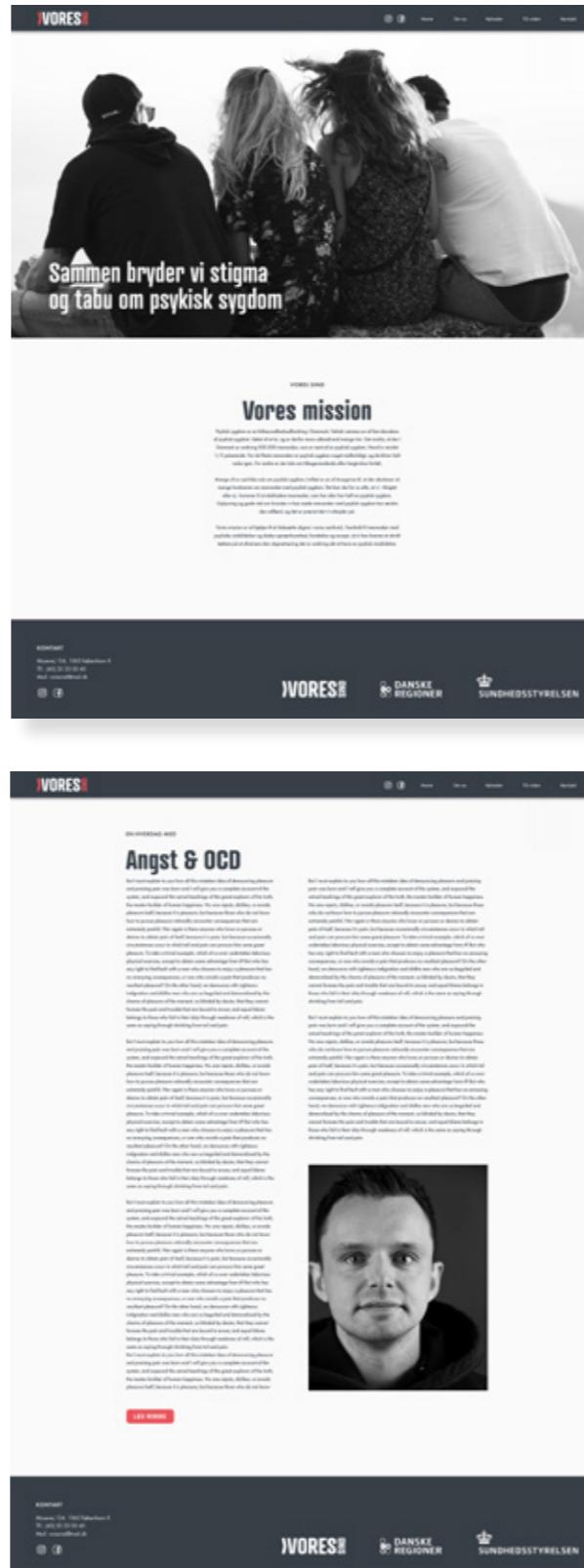
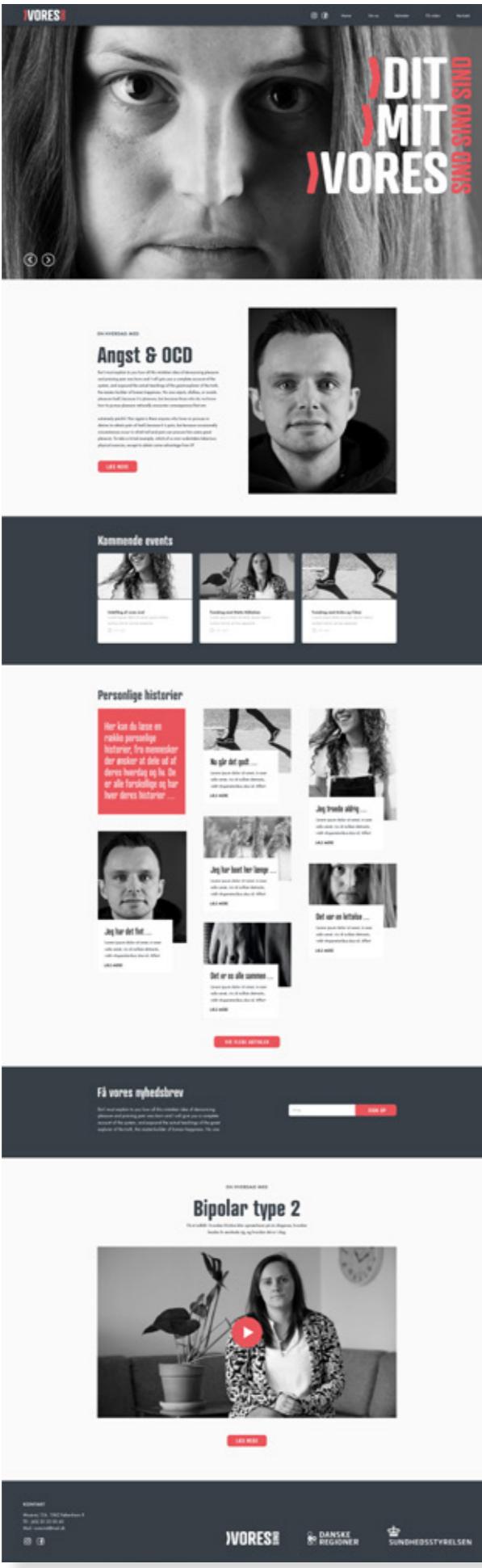






Se mere på www.vores-sind.dk





The homepage features a large black and white portrait of a woman's face. Overlaid text reads: 'DIT MIT VORES' in large white letters, with 'SIND SIND SIND' in smaller red letters to the right. Below the portrait, the text 'EN HVERDAG MED Angst & OCD' is displayed. A red button labeled 'LÆS MERE' is at the bottom. To the left, a section titled 'Kommende events' shows a photo of a smiling woman.

A red header box contains the title 'Personlige historier'. Below it is a text excerpt: 'Her kan du læse en række personlige historier, fra mennesker der ønsker at dele ud af deres hverdag og liv. De er alle forskellige og har hver deres historier ...'. A black and white photo of a person's legs walking is shown below the text. A red button labeled 'LÆS MERE' is at the bottom.

A black and white portrait of a man's face is at the top. Below it, the title 'Jeg har boet her længe ...' is followed by a text excerpt: 'Lorem ipsum dolor sit amet, in eam odio amet, vix id nullam detracto, vidit vituperatoribus duo id. Affert detrahit'. A red button labeled 'LÆS MERE' is at the bottom. A red button labeled 'VIS FLERE ARTIKLER' is in the center.

A black and white photo of a woman sitting on a couch is at the top. Below it, the title 'Få vores nyhedsbrev' is followed by a text excerpt: 'But I must explain to you how all this mistaken idea of denouncing pleasure and praising pain was born and I will give you a complete account of the system, and expound the actual teachings of the great explorer of the truth, the master-builder of human happiness. No one rejects,'. A red button labeled 'Email' is at the bottom. At the very bottom, there is a logo for 'DANSKE REGIONER' and 'SUNDHEDSSTYRELSEN'.





